



## **Happy Second Birthday Regent's Compliance!**

To celebrate another enjoyable year in business, Regent's Compliance has supported Cyclists Fighting Cancer with a corporate donation.

Cyclists Fighting Cancer (CFC) was founded in 2005 providing a unique and highly effective way of helping kids with cancer through activity and exercise.

CFC gives new bikes, tandems and specially adapted trikes to children and young people who have been affected by cancer throughout the UK. The effects of the disease and associated treatment regimes in children are numerous; amputations, balance issues, physical weakness, coordination difficulties and lack of self esteem are just a few of the most common side effects seen in many patients.

Exercise has been shown in numerous adult studies to be the single most effective way of improving both physical and mental wellness for people surviving cancer. CFC encourages cycling as the best form of exercise based rehabilitation especially for children because it provides all these benefits in a low impact, fun, sociable and exciting way.

Regent's Compliance shares the belief that a bike can change your life and is thrilled to be able to support this good cause.

This would not be possible without the continued greatly appreciated support of our clients, colleagues, advisers and friends.

Thank you to everyone who contributed and made another year possible.

Supporting:

